

THE
LANSDOWNE
KENMARE

The Nead Day Time Café Menu ALLERGENS

Allergens & intolerances

SOUPS & CHOWDERS

Soup of the Day – Celery, onion, garlic- dairy if adding cream as garnish, wheat in brown bread, sulphites **option Gluten free/Dairy free bread**

Chowder - Molluscs - mussels', cockles' fish, Dairy, garlic, onion, celery, sulphites, egg & wheat in brown bread **option Gluten free/Dairy free bread**

SALADS

Duck salad - garlic, mustard, pistachio-tree nuts, sulphites **Gluten free/Dairy free**

Poached pear – sulphites, dairy, Nuts-walnuts, mustard, wheat-sourdough, **option Gluten free/Dairy free bread**

Salmon & Crab - Fish, shellfish, Soy, wheat, egg, dairy, sulphites, mustard, garlic

Vegetable pad Thai - peanut, sesame, garlic, onion **Gluten free/Dairy**

SANDWICHES

Roast chicken - garlic, wheat, mustard, soy, sulphites, egg, onion, fish, onion

Ham & cheese - garlic, onion, sulphites, mustard, egg, wheat, walnuts, sunflower seeds, pumpkin seeds, bran, oats, dairy, soy, fish

Beef - mustard, egg, soy, wheat, dairy, sulphites, onion

LARGE PLATES

Fish & Chips - dairy, eggs, mustard, onion, sulphites, garlic, celery, wheat, rye, soy

Buffalo burger - onion, garlic, celery, sulphites, dairy, tomato-,wheat, eggs, mustard, soy

Lentil & chickpea - onion, garlic, celery, sulphites, wheat

Irish stew - celery, garlic, onion, sulphites

Prawn Pil Pil - shellfish, sulphites, garlic, wheat-sourdough

SIDES

Fries - soy oil, rapeseed oil

Brown bread - egg, dairy, wheat, sulphites

Garden salad - onion, mustard, soy, sulphites

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DESSERTS

Brioche & Berry - egg dairy, wheat, nut-almond

Chocolate Chip Cookie - dairy, soy, wheat, eggs

Crozier - dairy, tree nut-walnut, rye, wheat, oat, spelt