

## Lunch 12 noon – 4pm

### Soups

#### Homemade Of the Day (1,3,7,9)

Served with Homemade Heir Island Brown Bread  
**€6.50**

#### Seafood Chowder (1,3,4,7,9,12)

Selection of Fresh Atlantic Fish and Shellfish  
**€12.50**

### Selection of Sandwiches

#### West Cork Prawns in Marie-Rose (1,2,3,4,7,10)

West Cork Prawns in Brandy Marie-Rose with on  
Homemade Heir Island Brown Bread served with  
Garden Salad  
**€15.50**

#### Potted Goatsbridge Smoked Trout (1,2,3,4,6,7,10,12)

Goatsbridge Smoked Trout with Soft Cheese, Caper  
Berries on Homemade Heir Island Brown Bread  
served with Garden Salad and a basket of Toasted  
Sourdough and Heir Island Brown Bread  
**€14.50**

#### Egg & Chive (1,3,7,10,12)

Forest Farm Waterville Egg, Chive and Mayonnaise on  
Homemade Heir Island Brown Bread served with Garden  
Salad  
**€12.50**

#### The Nead 'Toasted Special' (1,3,7,10,12)

Ham, Farmhouse Cheese, Tomato & Onion melted on  
Toasted Sourdough with Red Onion and Vine Tomato,  
served with a side of Homemade Sweet Apple & Raisin  
Chutney, Garden Salad and Potato Crisps  
**€10.50**

#### Roast Chicken Sandwich (1,3,7,10,12)

Roast Chicken, Herb Stuffing & Mayonnaise,  
Served on Toasted Sourdough with a side of Garden Salad  
& Potato Crisps  
**€10.50**

#### Sweet Roasted Red Pepper (1,6,7,12)

Sweet Roasted Red Pepper, Homemade Basil Pesto with  
Meadowfield Goats Cheese and melted cheddar on  
Toasted Sourdough served with Garden Salad & Potato  
Crisps  
**€10.50**

#### Homemade Paté (1,3,7,9,10,12)

Brussels Paté served with Homemade Cumberland  
Sauce, Garden Salad and a basket of Toasted  
Sourdough and Heir Island Brown Bread  
**€12.50**

#### Irish Market Farmhouse Cheese (1,3,7,9,10,12)

Wexford Preserves Irish Apple Chutney, Crackers &  
Garden Salad  
**€12.50**

### Selection of Sides

|   |              |
|---|--------------|
| House Fries                               | <b>€4.50</b> |
| Homemade Heir Island Brown Bread (1,7,10) | <b>€2.50</b> |
| Garden Salad                              | <b>€4.50</b> |

### Sweets & Cakes

Please visit our counter for a selection of Homemade  
Cakes and Pastries including Gluten Free

#### JAVA COFFEES

|                                      |              |
|--------------------------------------|--------------|
| Espresso                             | <b>€2.80</b> |
| Caffè Macchiato (7)                  | <b>€3.60</b> |
| Americano                            | <b>€3.50</b> |
| Flat White (7)                       | <b>€3.90</b> |
| Cappuccino (7)                       | <b>€3.90</b> |
| Caffè Latte (7)                      | <b>€3.90</b> |
| Caffè Mocha (7)                      | <b>€4.30</b> |
| Organic Hot Chocolate (7)<br>w/cream | <b>€3.80</b> |

#### ICED COFFEES

|                           |              |
|---------------------------|--------------|
| Iced Americano            | <b>€3.60</b> |
| Iced Latte/Cappuccino (7) | <b>€4.00</b> |

#### EXTRAS

|              |              |
|--------------|--------------|
| Oat Milk (1) | <b>€0.50</b> |
| Syrups       | <b>€0.60</b> |

*(Hazelnut, Vanilla, Salted Caramel,  
Pumpkin Spice)*

#### TEAS

|                        |              |
|------------------------|--------------|
| Barry's Tea            | <b>€2.80</b> |
| Java Earl Grey Tea     | <b>€3.00</b> |
| Java Peppermint Tea    | <b>€3.00</b> |
| Java Camomile Tea      | <b>€3.00</b> |
| Java Wild Berry Tea    | <b>€3.00</b> |
| Java Jasmine Green Tea | <b>€3.00</b> |

**ALLERGENS** 1 Cereals (containing gluten)  
2 Crustaceans, 3 Eggs, 4 Fish, 5 Peanut, 6 Soybeans, 7  
Milk, 8 Nuts, 9 Celery, 10 Mustard,  
11 Sesame Seeds, 12 Sulphur Dioxide & Sulphites, 13  
Lupins, 14 Molluscs